

REALITY OF PPE PERFORMANCE

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OBJECT OF PERSONAL PROTECTIVE EQUIPMENT?

*To protect workers in their
workplaces*

INFORMATION TO BE SUPPLIED BY THE MANUFACTURER

89/686/EEC – Annex II para 1.4(d)

*“The classes of protection
appropriate to different levels of
risk and the corresponding limits
of use”*

INFORMATION TO BE SUPPLIED BY THE MANUFACTURER

*As PPE are intended to be used in
the workplace, manufacturers
should provide information relevant
to the protection likely to be obtained
in the workplace!*

WORKPLACE PERFORMANCE OF PPE

*This presentation will examine the
real-world performance of
Respiratory Protective Equipment
(RPE) and Personal Hearing
Protective Devices (PHPD)*

WORKPLACE PERFORMANCE OF RPE

WORKPLACE PERFORMANCE OF RPE

*Information on the Workplace
Protection Factors (WPF) achieved
by RPE when worn by real workers
in real workplaces has been
published since the early 1980s*

WPF FOR FULL MASKS WITH P3 FILTERS

Device	NPF	Lab PF	WPF*
A	1,000	>10,000	27
B	1,000	>10,000	78
C	1,000	>10,000	11

** Geometric 95th %ile
Tannahill (1991)*

WPF FOR EN147 FULL MASKS WITH P3 FILTERS

<u>Device</u>	<u>NPF</u>	<u>Lab PF</u>	<u>WPF</u>
R1	2,000	>100,000	41
R2	2,000	>100,000	124
R3	2,000	>100,000	128
R4	2,000	>10,000	15

Howie et al (1996)

LAB PF v NPF v WPF

*Lab PF > 5-50x NPF > 20-
50x WPF*

WPF FOR OTHER DEVICES

Numerous other WPF studies on RPE have also demonstrate that workplace performance is generally much lower than in laboratory tests

EFFECT OF WPF DATA IN THE UK

*Until the 1990s RPE had been
selected in the UK on the
assumption that the standard
leakage tests adequately indicated
likely workplace performance*

EFFECT OF WPF DATA IN THE UK

*Given the WPF data it was agreed
that such data would be analysed
with the intention of setting
Assigned Protection Factors
(APF) that would thereafter be
the basis of RPE selection*

ASSIGNED PROTECTION FACTORS

Where possible APF were based on actual WPF, in some cases where no WPF were available the APF were set by analogy, eg fresh air hose devices were set the same APF as -ve pressure filter devices

ASSIGNED PROTECTION FACTORS

*The APF, and other relevant
guidance, were published in
BS4275 in 1996.*

APF – FILTER DEVICES

Filter	Facepiece	APF
P1	all	4
P2	1/2 mask, Full-face	10
P3 Gas, GasXP3	1/2 mask Full-face	20
P3	Full-face, hood, blouse	40

APF – BREATHING APPARATUS

Device	Facepiece	APF
Light duty, air hose	1/2	10
Light duty, airline	1/2	20
Light duty, air hose, airline or self-contained -ve demand	Full-mask, hood as relevant	40
Light duty, air hose, airline or self-contained -ve demand	Mouthpiece, semi-blouse as relevant	100
Continuous flow airline	Full suit	200
Airline	Mouthpiece	1000
Airline or self-contained +ve demand	Mouthpiece or Full-mask	2000

COMMENTS

Some of the WPF data used were based on inadequate in-mask sampling techniques that were likely to underestimate the in-mask contaminant levels and therefore overestimate the WPF



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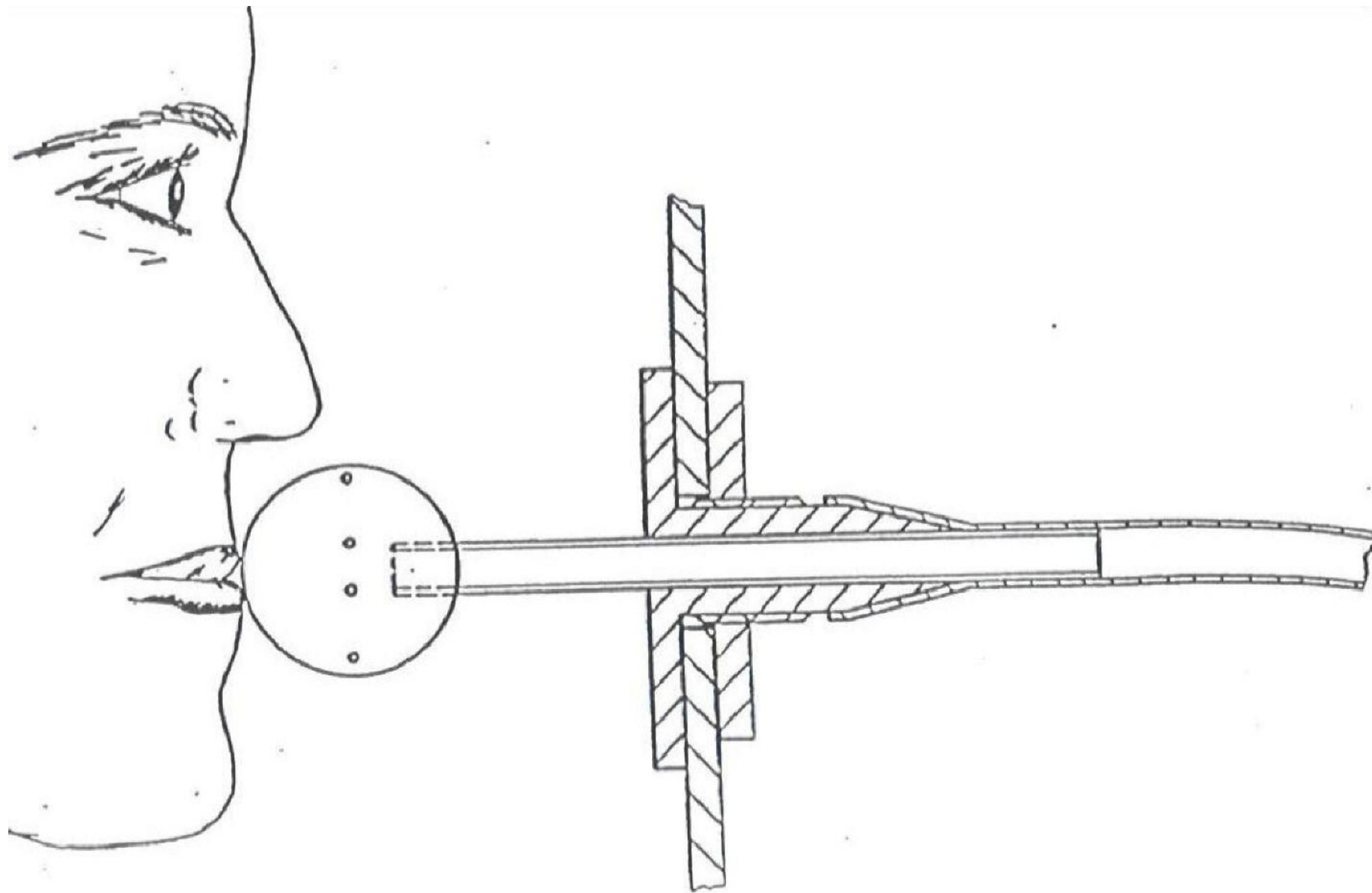
IN-MASK SAMPLING

With a face seal leakage of nominally 6.5% ($PF=15$), calculated PF of between 6 and 100 were obtained depending on the position of the probe and the site of the leakage path

Bostock (1988)

IN-MASK SAMPLING

*Bostock (1988) led to adoption of
large diameter deep probe in the
relevant European Standards*





EFFECT OF PROBE POSITION – FFP3 DEVICE

Leak	Large Dia	Liu	Liu
<u>Posn</u>	<u>Deep</u>	<u>Surf</u>	<u>Deep</u>
Temple	1	0.5-1	0.5-1
Chin	1	0.1-0.5	0.05-1
Neck	1	0.1-1	0.1-1

EFFECT OF PROBE POSITION- CONCLUSION

*Non-Bostock sample can introduce
underestimate of in-mask
contaminant levels by up to
a factor of 20*

UK v US APF

The UK APF tend to be lower than the corresponding APF from ANSI Z88.2 as the latter is partly based on simulated workplace data

QUESTION

*Are simulated workplace data
suitable for identifying
“corresponding limits of use”?*

DATA COMPARISON FULL FACE PAPR (PF)

<u>Device</u>	<u>Lab</u>	<u>WPF</u>	<u>Sim WPF</u>
R2	>50.000	55	11,000
R3	>50,000	49	22,500
R4	>50,000	8.4	998

WPF - Howie et al (1996)

Sim WPF - Johnston et al (2000)

DATA COMPARISON VARIOUS (PF)

<u>Device</u>	<u>WPF</u>	<u>Sim WPF</u>
MSA PAPR	gm 35 ¹	>1,700 ²
AF Blasting	2,900 ³	>40,000 ³
Helmet		

*1 Myers & Peach (1983), 2 Ayer
(1981), 3 Parker et al (1997)*

SimWPF v WPF

$$\textit{SimWPF} = \sim 20\text{-}200 \times \textit{WPF}$$

RELEVANCE OF SIMULATED WPF STUDIES

*Current simulated WPF studies are
not a suitable basis for establishing
the “limiting conditions of use”*

PROPOSED TECHNIQUES FOR IMPROVING RPE PERFORMANCE

*EN529 indicates, Appendix E.2.1
that:*

*“Fit checking provides a simple
assessment of the correct fitting of a
facepiece ...”*

WHAT IS FACEPIECE FIT TESTING?

“It is a method for checking that a tight fitting facepiece matches the person’s facial features and seals adequately to the wearer’s face.

It will also help to ensure that incorrectly fitting facepieces are not selected for use.”

ID 282/28, HSE (2003)

WHAT IS FACEPIECE FIT TESTING?

*“Fitting tests only identify gross
misfits and do not guarantee
adequacy of fit.”*

BS 4275:1997

WHAT IS FACEPIECE FIT TESTING?

Which, is correct, or is either correct?

Fit testing identifies good fit

Fit testing identifies gross misfits only

EXAMINATION OF THE LITERATURE

*The WPF literature was searched
for papers which provided data
which permitted the relationship
between QnFF and WPF to be
determined or in which the
author(s) comment on analysis of
such*

COMMENTS IN THE LITERATURE

*“Quantitative fit testing cannot be
used to quantitatively predict
workplace performance of
respirators for an individual.”*

Dixon & Nelson (1984)

COMMENTS IN THE LITERATURE

“The lack of a demonstrated association between quantitative fit factors obtained by these PAPRs and the level of protection they provide in the workplace brings into question the appropriateness of using quantitative fit factors as presently determined as the original basis for the PAPER classification of of 1000.”

Myers et al (1984)

COMMENTS IN THE LITERATURE

*“No relationship was found
between the Quantitative Fit
Factors measured by the
Portacount and the WPF obtained
for dual cartridge half-mask
negative pressure respirators.”*

Gaboury and Burd (1989)

COMMENTS IN THE LITERATURE

“The quantitative fit factors that were obtained did not predict which workers would have the highest or lowest WPF. Although the data were limited, it appears there was no correlation between WPF and the quantitative fit factor.”

Colton, Johnston, Mullins et al (1989)

COMMENTS IN THE LITERATURE

*“No significant correlation
between the WPF values and the
quantitative fit testing data were
found in this study.”*

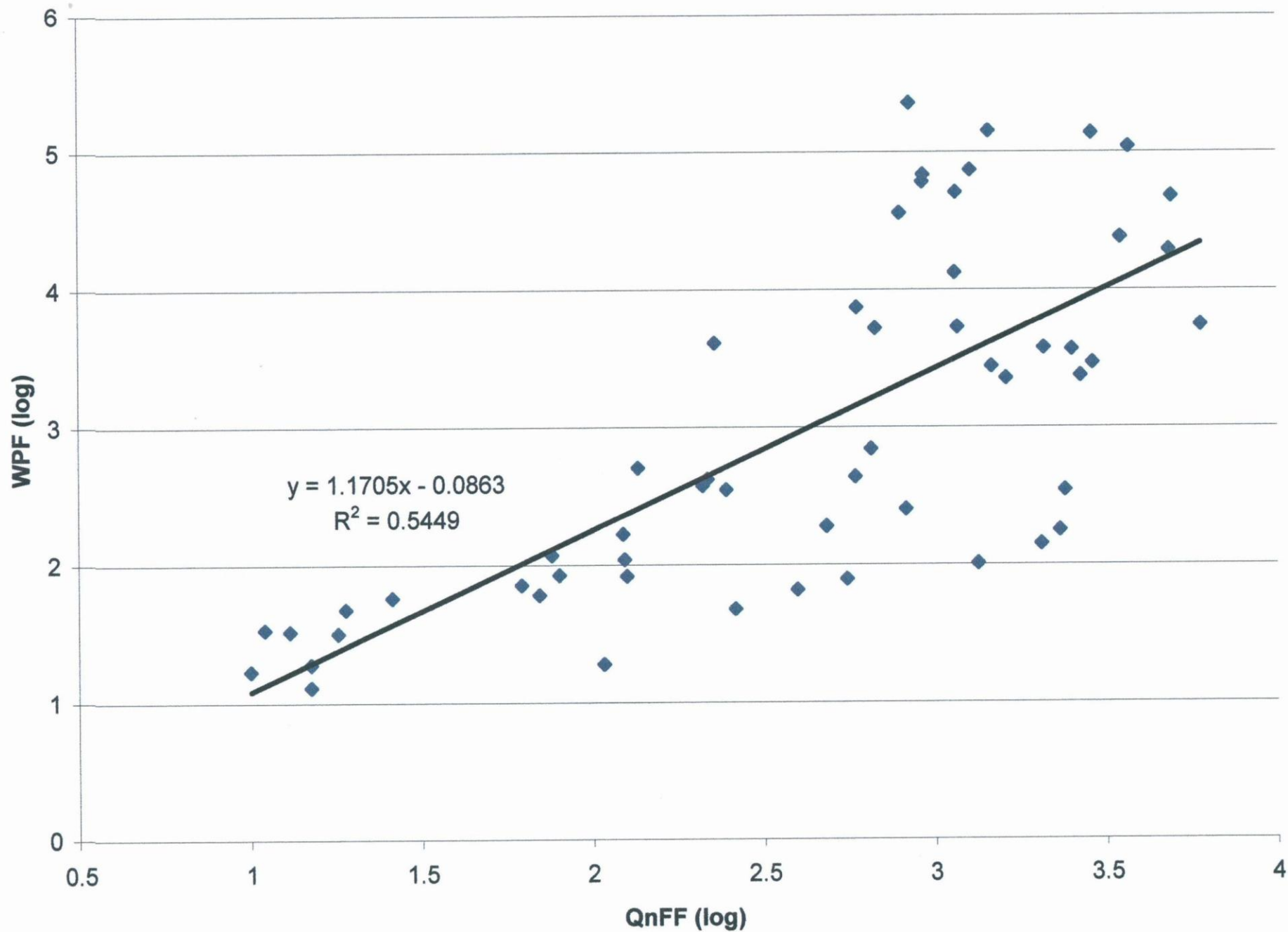
Myers, Zhuang, Nelson et al (19??)

COMMENTS IN THE LITERATURE

*“... FF was shown to be a
meaningful indicator of respirator
performance in actual workplace
environments.”*

Zhuang et al (2003)

Scatter plot of QnFF and WPF - from Zhuang et al (2003)



HOWIE et al (1996) data

In a study of PAPR during asbestos removal operations, investigators undertook the standard CEN leakage test to identify suitable PAPR and the WPF for the investigators were also measured

HOWIE et al (1996) data

*All investigators achieved
 $QnFF > 100,000$ for their study
respirators as measured for the
same individual respirators using
the same in-mask probes as used
during the field study*

HOWIE et al (1996) data

Investigator 75th percentiles*

<i>H</i>	<i>276</i>
<i>J</i>	<i>231</i>
<i>W</i>	<i>130</i>

** Data were too sparse to permit
estimation of >75th percentiles*

HOWIE et al (1996) data

Given that all investigators had achieved a $QnFF > 100,000$, the finding of a 75th percentile WPF of <300 suggests that $QnFF$ in this study did not usefully indicate likely performance in the workplace

HOWIE et al (1996) data

Investigator training and fit testing therefore did not significantly improve the protection obtained in the workplace compared with relatively untrained workmen

HOWIE et al (1996) data

*Statistically, the WPF achieved by
the investigators did not differ
from that achieved by the
workmen*

*The workmen's 95th %ile WPF
was 42*

SUMMARY

Only one published study demonstrates a useful relationship between QnFF and WPF, and that interpretation was valid only for WPF <100

CONCLUSION

*On the available data QnFT
cannot be used to identify that a
given facepiece fits a given
individual*

SO WHAT?

If an individual is given an impression that his RPE provides a good fit he may put himself at risk by failing to minimise contaminant emissions and/or may enter areas he would otherwise avoid

WHAT CAN Q_nFT ACHIEVE?

*It might be able to identify
gross misfits, but this is
unproven as yet*

*However, fit testing is an
excellent indoctrination and
training aid*

WORKPLACE PERFORMANCE OF PHPD

STANDARD LABORATORY TESTS

*At each frequency, the difference
between the uncovered
(unoccluded) ear and the covered
(occluded) ear is described as the
attenuation at that frequency*

STANDARD LABORATORY TESTS

From these test data the “Assumed Attenuation” at each frequency is given by; the mean attenuation minus two standard deviations in most countries; mean minus 1 standard deviation in the UK

PHPD SELECTION GUIDANCE IN THE USA

*Most PHPD suppliers in the USA
recommend that the Noise
Reduction Ratio (NRR), the US
equivalent of the Assumed
Attenuation, be halved*

HEARING PROTECTOR PERFORMANCE

The HSE presumes that hearing protector performance measured in the laboratory is a valid basis for selecting devices for use in the workplace

HEARING PROTECTOR PERFORMANCE

*Do laboratory attenuations
adequately predict attenuations in
real workplaces?*

HEARING PROTECTORS

Earplugs

“Laboratory attenuation should be de-rated by 60% to rate workplace performance adequately”

Edwards et al (1977)

HEARING PROTECTORS

400 workers, 6 types of earplugs

*“assumed attenuation should be
drastically reduced”*

Alberti (1981)

HEARING PROTECTORS

Fitting of multi-sized plugs:

*3 wearers in 10 had difficulty in
getting good fit*

*If larger size selected – no effect on
attenuation*

*If smaller size selected – significant
reduction in attenuation*

Berger (1981)

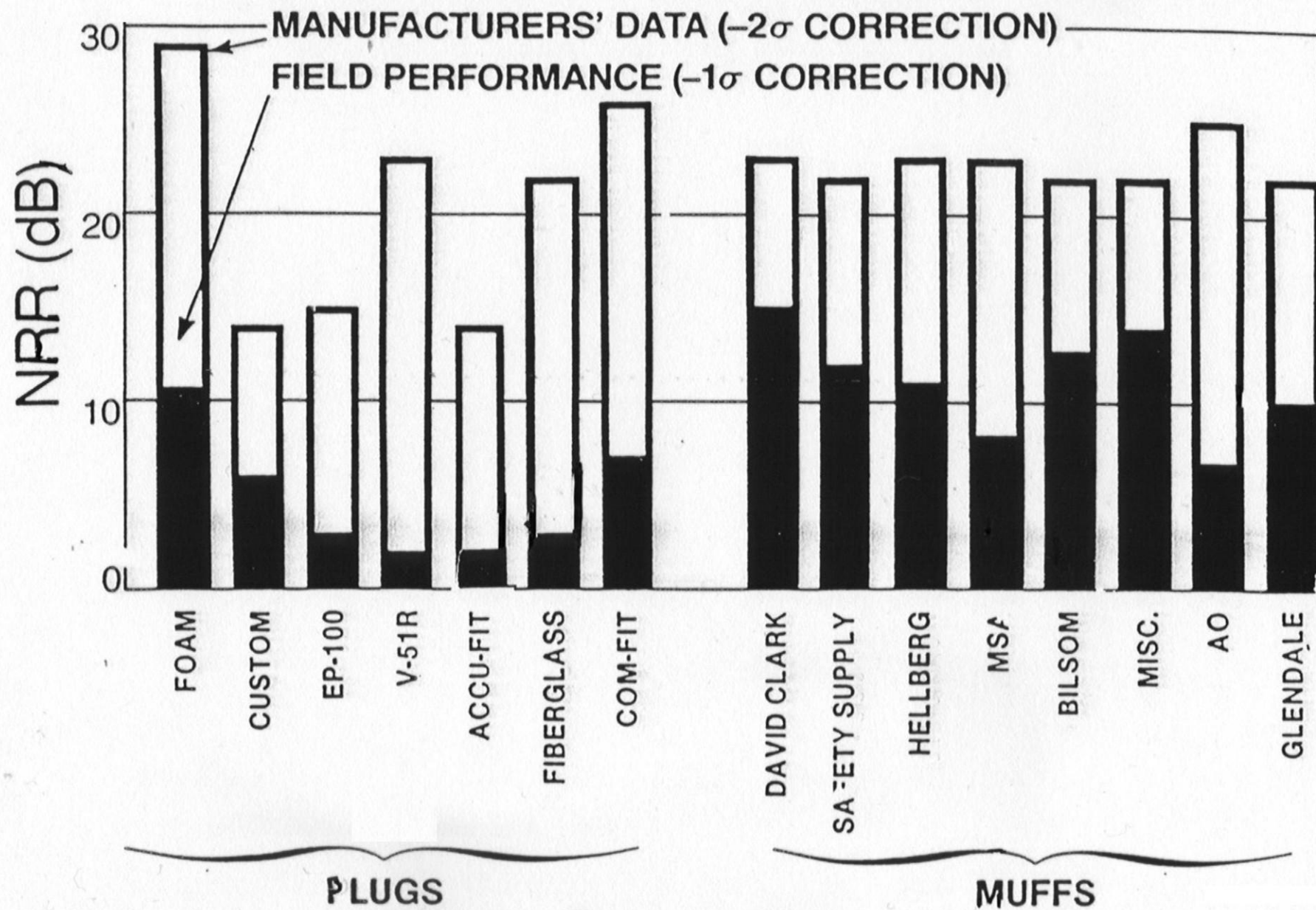
HEARING PROTECTORS

Earplugs

*“Current predictive values should
be reduced by 50%”*

Royster (1981)

LABELED NRRs VS. FIELD PERFORMANCE



Berger, 1983

HEARING PROTECTORS

Earplugs

“Median attenuation:

Laboratory – 29 dB

Workplace – 13 dB”

Lempert & Edwards (1983)

HEARING PROTECTORS

Earplug attenuation (dB):

<u><i>Device</i></u>	<u><i>Supplier</i></u>	<u><i>RW</i></u>	<u><i>S-RW</i></u>
<i>Decidamp</i>	<i>29</i>	<i>7</i>	<i>22</i>
<i>EAR</i>	<i>29</i>	<i>4-7</i>	<i>>22</i>
<i>Propp</i>	<i>22</i>	<i>4-0</i>	<i>>18</i>
<i>S Ban (semi)</i>	<i>19</i>	<i>1-3</i>	<i>>16</i>

Behar (1984)

HEARING PROTECTORS

Muff attenuation (dB):

<u><i>Device</i></u>	<u><i>Supplier</i></u>	<u><i>RW</i></u>	<u><i>S-RW</i></u>
<i>H7P3E</i>	<i>25</i>	<i>6</i>	<i>19</i>
<i>1776K</i>	<i>21</i>	<i>5-10</i>	<i>>11</i>
<i>204</i>	<i>22</i>	<i>17</i>	<i>5</i>

Behar (1984)

HEARING PROTECTORS

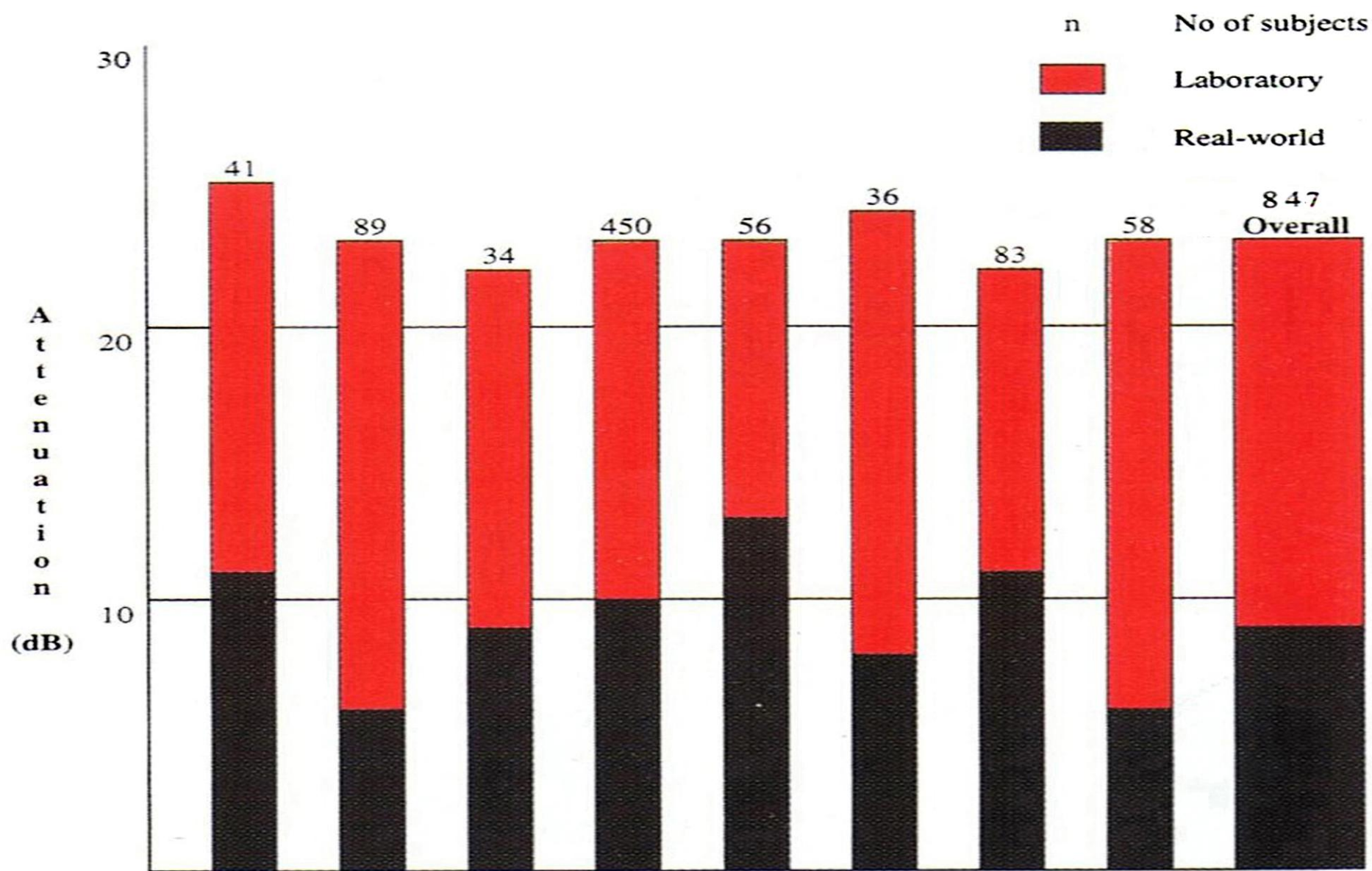
Earplugs – 449 workers, 16 sites

*“On average the workers received
only 1/3 to 1/2 the total decibel
attenuation claimed by the
manufacturers”*

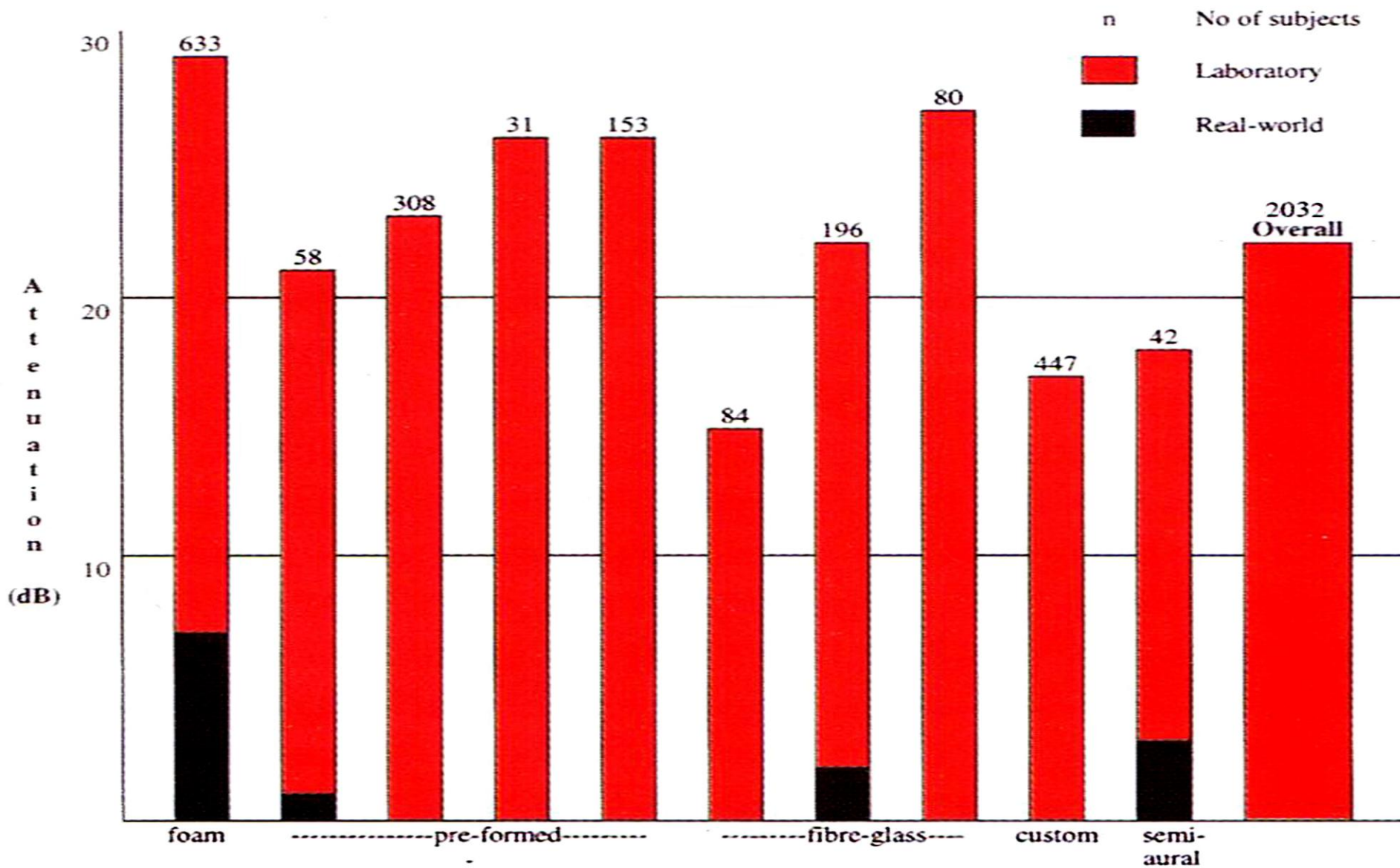
Green et al (1989)

HEARING PROTECTORS

*From Hempstock & Hill (1990)
Real-World means are lower than
Laboratory means and Real-World
standard deviations are larger
than Laboratory standard
deviations*



Comparison of laboratory and real world assumed attenuation for ear muffs (mean minus 2 sd), from Berger et al (1996)



Comparison of laboratory and real-world assumed attenuation for ear plugs (mean minus 2 sd), from Berger et al (1996)

CONCLUSION 1 - HEARING PROTECTORS

*Results from Standard laboratory
tests cannot be used to define
corresponding limits of use for
PHPD in the workplace*

CONCLUSION 2 - HEARING PROTECTORS

Ear muffs should not be assumed to provide more than 5 dB attenuation and ear plugs should not be assumed to provide any attenuation unless relevant neutral workplace data are available

WHY DO PHPD PERFORM SO POORLY?

*Ear muffs should not be assumed
to provide more than 5 dB
attenuation and ear plugs should
not be assumed to provide any
attenuation unless relevant
neutral workplace data are
available*

WHY DO PHPD PERFORM SO POORLY?

Plugs worn for 155-195 min:

**VR-51R – 40% of wearers had
total loss of seal**

Foam – no significant change

Fibreglass – significant reduction

Berger (1981)

WHY DO PHPD PERFORM SO POORLY? Plugs worn for 60-75 min:

Foam – little change

**Pre-moulded silicone – 6 dB
reduction**

**Self-moulded fibreglass – 10 dB
reduction**

Abel & Rokas (1986)

WHY?

Effect of industrial use on muffs:

Age	Attn (db) @ Frequency (Hz)							
	63	125	250	500	1k	2k	4k	8k
New	12	6	12	18	30	29	29	28
6 wk	7	4	5	14	23	26	22	20
1 yr	4	3	5	14	24	28	29	20

Rawlinson & Wheeler (1987)

CONCLUSIONS

Attenuation of plugs can fall markedly in less than 60 min

Muff performance can fall significantly from 6 weeks use

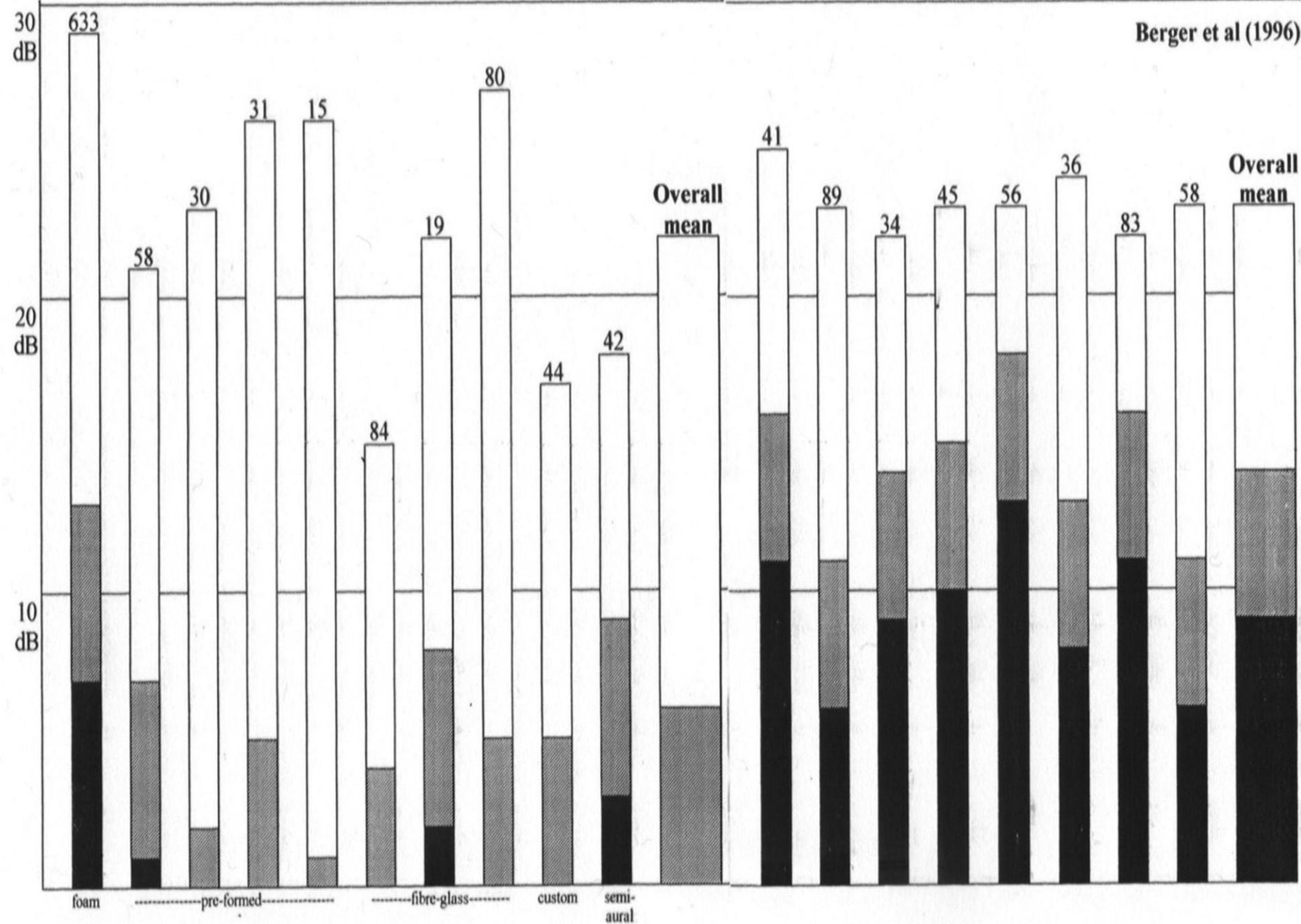
CONCLUSIONS

Results from standard laboratory tests cannot be used to define corresponding limits of use for Hearing Protectors in the workplace

WHY?

Possible reasons:

*Standard laboratory tests are
of short duration in clean
environments involving
stationary, non-talking and
non-chewing subjects*



RECOMMENDATION 1

**Earplugs should be assumed to
provide no attenuation unless
real workplace data are
available**

RECOMMENDATION 2

**Muffs should not be assumed to
provide >5 dB attenuation
unless it has been proven in real
workplaces that more can be
achieved with the specific model
of interest**

RECOMMENDATION 3

**Personal hearing protectors
should not be used unless high
performance audiometric
testing is an inherent
component of the hearing
protection programme**

WARNING

**If PHP suppliers, government
Inspectors or hygienists act in a
manner that puts wearers'
hearing at known risk, all are
liable under both criminal and
civil law!**

**CAN R-W PERFORMANCE
BE PREDICTED FROM
LAB RESULTS?**

FROM HEMPSTOCK & HILL (1990)

EAR plug:

Lab			Real World		
mn	sd	mn-2sd	mn	sd	mn-2sd
35.9	6.6	22.7	24.4	8.7	7.0

FROM HEMPSTOCK & HILL (1990)

EAR plug:

<u>Lab</u>			<u>Real World</u>			.
mn	sd	mn-2sd	mn	sd	mn-2sd	
35.9	6.6	22.7	24.4	8.7	7.0	

*The Real-World mean – 2 sd could
be obtained by subtracting 4 lab sd
from the lab mean*

FROM HEMPSTOCK & HILL (1990)

Possible Lab sd multipliers:

Plugs – Bilsom POP	3.4
Bilsom SOFT	6.6
EAR	4.4
Muffs- Safir ED/IS	3.9
Auralguard	4.4
Bilsom Comfort	3.2
Hellberg 26007	4.5

COMMENT

*Real-World mean – 2 sd data
might be able to be predicted by
subtracting 3-7 lab sd from lab
means*

BUT

*the above would need to be
corroborated from a much
larger data set*

GENERAL OBLIGATIONS ON EMPLOYERS

89/391/EEC – Article 6.2.(h)

*“giving collective protective
measures priority over individual
protective measures;”*

CONSEQUENCES OF LOWER THAN EXPECTED PPE PERFORMANCE

The critical consequence of real-world PPE performance is that much greater emphasis must be put onto substitution, complete enclosure etc. than is currently the case

CONSEQUENCES OF LOWER THAN EXPECTED PPE PERFORMANCE

*For powered devices fitted with P3 filters
and assuming an APF of 40 rather than
an NPF of 2,000, asbestos strippers
removing amosite would have a maximum
out-of-mask fibre concentration of 12,000
fibres/m³ rather than 600,000 fibres/m³ to
ensure that the MTR proposed by the
Health Council of the Netherlands is not
exceeded*

CONSEQUENCES OF LOWER THAN EXPECTED PPE PERFORMANCE

*From personal experience the
careful commercial removal of
asbestos insulation boards or
pipe lagging containing amosite
is likely to generate at least
100,000 fibres/m³*

CONSEQUENCES OF LOWER THAN EXPECTED PPE PERFORMANCE

*It will therefore be necessary to
reconsider how high risk activities
are planned, carried out and
supervised and how the Directives
are enforced*